

Clinical Impact 2024-2025

462 children and young people from

323 families benefitted from our service

Of those:

101 supported when a parent, carer or sibling received a terminal diagnosis

377 received support after a death

104 professionals received bereavement training

214 consultations with school staff

100%

reported their grief support as being very helpful

100%

of service users would definitely recommend SeeSaw Grief Support

93%

are very satisfied with the service they received

“I saw a difference in my boy’s behaviour and emotional regulation after the session - he was calmer and less angry and volatile.”

8,000+

children and young people supported over the past 25 years

“I was worried about talking about Mum, but the first couple of sessions have reassured me that we will take things slowly and focus on my coping strategies before we start talking about the difficult stuff. I only signed up because Dad wanted me to, but I’m actually really glad I did and can’t believe how much I’ve talked about...I don’t talk to ANYONE normally!!”

Fundraising Impact 2024-2025

£619,497

raised between July 2024 - June 2025

50%

raised in grants from
Trusts & Foundations

11%

donated by
individual giving

21%

raised through gifts
in wills

14%

raised by corporate &
community groups

£560

funds a peer support
session when a young
person has died

£100

funds immediate support
following a sudden death

£25

buys a Happy Self
journal for a young
person

£6.56

generated for every £1 spent on
fundraising

£8 million

received in donations over the past
25 years

“I chose to run the Oxford Half Marathon for SeeSaw as the charity has been an incredible support to me and my family since my late husband died. SeeSaw provided expert, compassionate and invaluable advice to me, as well as offering support directly to the children.”